

## "I'll Carry It For You"

A preacher back in the 1800s was feeling extremely stressed and loaded down with the troubles and pressures that came through his ministry. One day he came home and was greeted by his young daughter, Minnie, whose legs were paralyzed. He was about to carry a package from the mail upstairs when Minnie said, "Daddy, I will carry that package upstairs for you." The preacher replied, "Minnie dear, how can you carry the package?" With a smile on her face, Minnie said, "If you will give me the package, I will hold it while you carry me." This sweet gesture from his daughter reminded him of the way God wants to help us with our own burdens.

God is fully aware of the stresses and burdens we bare. He also wants to help us with them. In the book of Isaiah, God gave Israel a reminder, "Even to your old age I will be the same, and even to your graying years I will bear you! I have done it, and I will carry you; and I will bear you and I will deliver you" (46:3-4).

The stresses of life can become extremely heavy and burdensome. We don't have to bear all of this alone. He cares when we are stressed out. Let's remember that God is willing to take the load for us (Matthew 11:28-30; 1 Peter 5:7). What a loving God we serve!